Sri V.S. Raja, Deputy Inspector General of Prisons, Prison Head Quarters, Karnataka has been awarded with KLN Reddy Award for the year 2012 for his contribution to Prison Administration. The award has presented on 21.02.2013 at APCA, Vellore. Prof.(Dr) R Venkat Rao, Vice Chancellor, National Law School of India University, Bangalore presenting (extreme left) award. Sri K. V. Gagandeep, IPS., Addl.Director General of Police and Inspector General of Prisons, Karnataka and Dr. M. R. Ahmed, Director, APCA, Vellore are seen.

**Presidents Correctional Service Medal**
Following officers of Prison Department awarded with Presidents Correctional Service Medal for Distinguished Service on 26-01-2013

Sri V.S. Raja,
DIG Prisons (Hqrs), Bangalore, Karnataka

Sri Lakshminarayanappa,
Asst. Superintendent
Dist. Prison, Chickballapur

A new District Prison is coming up at Shimoga which is a unique in its design and comprising following facilities, keeping in view of guidelines under model prison

- Total Area 62.02 Acres
- For 500 inmates
- Cost : Rs 54 Crores

**AMENITIES :**
- CCTV
- Central Watch Tower
- Video Conferencing Room
- Prisoner Interview Room
- Lawyers Waiting Room
- Separate Women Prison
- Dining Hall
- Modern Kitchen
- Solar Water Heating System
- Rain Water Harvesting

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**Quote**
It is said that no one truly knows a nation until one has been inside its jails. A nation should not be judged by how it treats its highest citizens, but its lowest ones.”

— Nelson Mandela

**Karnataka Prisons News Letter Committee:**
K. V. Gagan Deep, IPS., ADGP & IG Prisons
Ravi S., IPS., DIG Police (Prisons)
V. S. Raja, DIG of Prisons (HQRS)
P. S. Ramesh, Asst. Superintendent
S. Manjunath, Research Assistant
E-mail: karnatakaprisons@gmail.com
Tel : 080 - 2226 7290, 2226 3171
Message of Additional Director General of Police & Inspector General of Prisons, Karnataka

Greetings from the Karnataka Prisons

It's new year again, the year 2012 was a year of challenges, new initiatives and achievements to us. I would like to convey and share through this platform the challenges faced, new initiatives and achievements recorded by the department in the year 2012.

Staff: -
Department facing shortage of staff, that is mainly guarding staff, as per the orders of the Government we have successfully recruited and issued appointment orders for 417 Warders, 22 Jailors ,14 Instructors Grade II and 32 Group D posts.
Promotion is ultimate desire of the employee for the service rendered by him/her in the organization.
Promotions given to 212 officers and staff in the year 2012. We have requested government to create 500 additional posts.

Prison industries: -
We have taken stride to upgrade existing prison industries and started bakery units at Central Prison Bangalore, Mysore, Gulbarga, Belgaum and ten district prisons. We got good response from both the inmates and general public. Rs.42.00 lakh worth transactions made with a profit of Rs 5 lakhs to the Government. The products we produce are Bread , Buns, RuskS, Butter Biscuits, Honey cake, Birthday cake, sweets like Laddu, Mysore pak and Savouries –Khara boondi, mixture. These products sold under the trade name ‘PARIVARTHAN’; which means ‘ Reformation’.
1. We have started Garments unit manufacturing shirts, which are second to none to renowned brands. It is also proposed to come up with designer wear and embroidery sarees shortly.
2. Our initiative to sell / market the prison products like vegetable and fruits grown at Open Air Jail Koramangala , a vehicle carry vegetables and fruits daily and sell them at prison head quarters, M. S. Building, Vikas Soudha, Vidhan Soudha, Raj Bhavan and also at D.G. Police office, which is highly appreciated . An amount of 6.40 lakhs worth produce has been sold in the last 6 months.

Security & Technology : -
Successfully installed mobile jammers at Central prison Mysore and installation under progress at Central Prison, Bangalore to curtail the use of mobile phones in the prison. We have proposed to install jammers at Belgaum, Gulbarga, Bijapur, Dharwad and Bellary Central Prisons.
Prison Call System:
Telephone facilities are existing across 7 Central Prisons. Now, we have proposed to install prison call system – modern & secured telephone systems to prisoners with auto recording and number specific call system at central jails during this year 2013.

Telemedicine System:
We have proposed to start telemedicine system across 7 central prisons – to take care of clinical health of inmates by the use of telecommunication and information technology. It will be a boon to the department, as we are facing severe shortage of doctors. This initiative will go a long way in addressing the health issues of inmates.

X-Ray baggage scanning machines:
Installed X-ray baggage scanning machines across 7 central prisons to check the entry of prohibited articles into the prisons.

Super Max Cells:
Supermax cells/ wing is also coming up at central prison Bangalore and Bellary, especially to detain the terrorists and other most dangerous prisoners. Taken steps to construct a separate prison for female and convicts to segregate terrorists, notorious and other rowdy elements in the central prison Bangalore.

Model District Prison at Shimoga:
We are coming up with a new model district prison at Shimoga. Which accommodates 600 prisoners with all modern amenities and infrastructure. Works are under progress.

Central Prison for Women:
A separate prison for women prisoners has been started at Tumkur on 27-4-2013.

Steam Cooking Units:
Presently, steam cooking units are existing in 12 prisons. Now, we have proposed to start steam cooking units at 5 more Prisons.

Academy of Prison Administration:
It is proposed to start 'Academy of Prison Administration' at Bangalore to take care the training needs of prison officers and staff. An amount of Rs 4.00 crores has been allocated for the year 2013-14. The academy is expected to start functioning in May 2014.

Sanitation facilities:
For the first time, Rs 4.06 crores has been sanctioned by the Government of Karnataka for construction, repairs and renovation of toilets in prisons. This will facilitate the inmates to have good sanitation and water supply in various prisons of the State.

We have proposed to construct Sewage Treatment Plant at central prison Bangalore at the cost of Rs.4.41 crores.

We aimed to repair and renovate the prisons and staff quarters to provide better living accommodation for both inmates and staff of the department during the year 2013-14. Rs.5.00 Crores has been allotted for the year 2013-14.

K. V. Gagan Deep, IPS
ADGP & IG Prisons
PERSONALITY DEVELOPMENT TO PRISON PERSONNEL

With the increasing awareness about human rights, the prisons are, of late, getting the attention they deserve. There has been a change in the perception of the society towards prisoners but it is not changing towards prison officials.

Most of the training programmes organized before for the prison officers were focused on the human rights issues or on other aspects of prison. No serious efforts for the skill development of the officers have been taken so far. If the officers who are running the jails are all the time under pressure and living a stressful life then the effect of this will certainly be on the system.

Personality Development for Prison officers will certainly bring some positive change in their personal and professional life. In this background Karnataka prisons department has organized personality development for officers and staff, right from the rank of Chief Superintendent to Warden.

Personality development programme organized at Prison Head Quarters for the officers and staff of various prisons held at 24.8.2012.

To check and - To identify the problem areas and deal with it efficiently

- To encourage effective communication
- To build up a positive attitude and deal with the work pressure
- To know oneself then to know others
- To manage Time and Stress effectively
- To broaden their vision and increase their sensibility to humane aspect of prison administration,
- To develop their faith in the contemporary canons of correctional philosophy.

Similar programmes were simultaneously organized on 10.9.2012 at various central prisons involving local resource persons.
In an endeavour to reform prisoners, the ADGP, (Prisons), has taken an initiative to conduct a Youth Leadership Training Programme (YLTP) in coordination with Art of Living (AOL) whereby about 1200 prisoners are taught yoga techniques like padmasana, sudharshana kriya; leadership and communication and organisational skills.
The programme kick started in June 2012 and is termed as 'prison smart course'. It is aimed at helping inmates reduce stress, handle trauma and provides know-how on dealing with negative emotions and contribute to society in a positive way. Prisoners between 20-35 years of age are focused on. We want to make them 'agents of change' under YLTP. All kinds of prisoners participated in the activity. Right from persons serving for dacoity, robbery to rape and murder. The participants who have undergone this training are encouraged to share their learning with fellow inmates by conducting the Nav Chetan Shibir. The most important part of this process is the daily followup of yoga and close monitoring of their activities. The daily schedule of the inmates in the training programme is similar to any trainee officer.

Inmates of Central Prison Mysore, are now trained with singing and playing musical instruments like key board, drums, guitar and many other. They have learnt about 130 songs which include folk music, hindi and kannada film songs, bhavageethe, bhaktigeete and patriotic songs. They have provided with books to learn songs during their leisure time. As they find it hard to sing hindi songs, they get translated into kannada by their teachers. The music orchestra troupe of inmates performed at Dasara Sangeetha Rasamanjari.

LEGAL AWARENESS : PLEA BARGAINING

A new chapter, i.e., chapter XXIA on 'Plea Bargaining', has been introduced in the Criminal Procedure Code. It was introduced through the Criminal Law (Amendment) Act, 2005, which was passed by the parliament in its winter session. This has certainly changed the face of the Indian Criminal Justice System. Some of the salient features of 'Plea Bargaining' are that it is applicable in respect of those offences for which punishment is up to a period of 7 years. Moreover it does not apply to cases where the offence committed is a socio-economic offence or where the offence is committed against a woman or a child below the age of 14 years. Also once the court passes an order in the case of 'Plea Bargaining' no appeal shall lie to any court against that order.

Programmes on plea bargaining was held following prisons of the state in order to create more and more awareness so that to avail the facility.
ALL INDIA CONFERENCE OF D'sG & I'sG OF PRISONS AT BANGALORE

Karnataka Prisons under the aegis of Bureau of Police Research and Development (BPR&D), New Delhi organized two days All India Conference of DsG & IsG of Prisons at Bangalore held on 16-17, March 2012. Sri Narayana Swamy, Hon’ble Minister for Social Welfare & Prisons, Sri S. M. Jamdar, IAS, Principal Secretary, Home Department, Sri. Raghavendra Auradkar, IPS, Principal Secretary to Government, (PCAS), Sri A.R. Kini, IPS, IG (Research), & Sri B. V. Trivedi, Assistant Director, BPR&D, Sri K.V. Gagandeep, IPS, ADGP & IG Prisons, Karnataka were present.

Delegates from 14 various states, Deputy Director, ICA, Chandigarh, Director, APCA, Vellore, other officials of BPR&D and officers from Karnataka Prisons Department participated in this two days conference.

Conference elaborately discussed on the following major issues of prison administration.

a) Problem of Overcrowding in Indian Prisons
b) Development of Prison Personnel
c) Augmentation of Prison Training

Resolutions of the Conference

Two days conference emerged with following notable resolutions unanimously which are as under:-

1. Perspective plan for 5 years on prisons should be prepared by all the states and properly project their requirements to the Central Government while seeking financial assistance.
2. The Higher Judiciary should be approached to sensitize their lower courts and prosecuting agencies to resort to the provision of Probation of Offenders 'Act and the effective implementation of “Plea Bargaining”, Sec.436A Crpc to reduce the problem of overcrowding in prisons.
3. Efforts should be made to strengthen various alternatives to imprisonment rather than sending offenders involved in petty offences to Prisons.
4. Model Prison Manual prepared and circulated by the BPR&D should be used as reference guide by all the states to keep pace with the contemporary developments.
5. All sub jails should be brought under the administrative control of Prison department in all the states and the Head of the Prison departments should be empowered to maintain them in terms of infrastructure and manpower.
6. The Government of India may initiate phase II of modernization scheme as soon as possible so that, the state governments may develop their infrastructure to the desired extent.
7. All Prisons should be linked with their respective courts through video conferencing to expedite trial and to reduce the burden of escorting the under trial population in prisons
8. As far as possible Uniformity in Rank structure of the Prison Officers should be brought in all States of the Country.
9. The states should undertake efforts to bring parity in pay scales with the uniformed services and encourage the staff with rewards in recognition of their contributions.
INTER PRISON PRISONER'S SPORTS MEET:

Our efforts towards motto of reformation and to bring in change in their daily routine and enthuse the inmates, for the first time in the department, an Inter Prison Prisoners Sports Meet was organised at Central Prison Bangalore and Mysore during the month of June 2012 (15.6.2012 at Central Prison Mysore and 22.6.2012 – 24.6.2012 at Central Prison, Bangalore). 125 convicted prisoners including 25 women prisoners who are serving their sentence in various central prisons of the state took part in the events like Cricket, Kabaddi, Volleyball, Throwball, Tennicoit, Carrom and Chess.

Events were spread across two central prisons i.e, Bangalore and Mysore. Selected prisoners were transferred from other central prisons to Bangalore and Mysore temporarily. Following events were held at Central Prison, Bangalore and Mysore.

<table>
<thead>
<tr>
<th>Events held at Bangalore</th>
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<tbody>
<tr>
<td>Cricket – for male prisoners</td>
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<tr>
<td>Kabaddi – for male prisoners</td>
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<tr>
<td>Throwball – for female prisoners</td>
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<tr>
<td>Tennicoit – for female prisoners</td>
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<table>
<thead>
<tr>
<th>Events held at Mysore</th>
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</thead>
<tbody>
<tr>
<td>Volley Ball</td>
</tr>
<tr>
<td>Chess</td>
</tr>
<tr>
<td>Carrom</td>
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</tbody>
</table>

The fixtures were drawn up in a manner that gave equal opportunity to all teams that they were evenly matched in sporting skills. The excitement and sportive mood in the prisoners was equal to the IPL or the celebrity sport competitions.

- The eventual winners of Cricket and Kabaddi were inmates of Central prison Bangalore.
- In Throwball and Tennicoit, the winning team also belonged to Bangalore Central Prison.
- In Volley ball, inmates of Central prison, Mysore grabbed the winners place.
- In Carrom, Inmates of central prison Gulbarga being the winners. In Chess, Dharwad inmate grabbed first place and inmate of Bangalore satisfied with second place.

The above events were conducted under the supervision of Sri Krishna Kumar, Superintendent, Central Prison, Bangalore and Sri P. N. Jayasimha, Chief Superintendent, Central Prison, Mysore at their respective prisons.

Teams were awarded with trophies/prizes and inmates were also awarded with individual trophies in various categories.

All the events were organized under the guidance of Addl. DGP & IGP Prisons.
Vegetables and fruits grown at Open Air Jail are sold to public. A mobile van every day carry different varieties of vegetables grown at Open Air Jail, Koramangala, which is 40 kms away from Bangalore city, reports at Prison Headquarters and sells carried goods to staff of prison head quarters and then it moves towards M. S. Building – Secretariat of Government of Karnataka and Raj Bhavan too. This initiative happened under the guidance of ADGP & IG Prisons.

Medicinal Plants grown at OAJ, Koramangala - An MOU with Himalaya Drug Company
TRAINING PROGRAMMES

This is an initiative taken up by the authorities of District Hq. Sub Jail, Mandya in association with Youth affairs & Sports Department and Nehru Yuva Kendra. Inmates were given training in repairing of Motor rewinding, submersible pump rewinding, electrical wiring, switch fitting and repair of home appliances.

TRAINING IN POULTRY MANAGEMENT

Three days poultry training programme organised at central prison, Belgaum in coordination with Karnataka Cooperative Poultry Federation, Belgaum. Dr. Ashok Kolla, Assistant Director inaugurated the programme and addressed the inmates about the advantages of poultry farming which keeps less investment and having socio-economic importance which helps inmates in their rehabilitation.

Sri Veerabhadra Swamy, DIG of Prisons, Central Prison, Belgaum presided over the function.

AGARBATTI PACKING & CANDLE MAKING

- Inmates at District Head Quarters Sub Jail, Mandya and District Prison, Ramanagaram are being trained in agarbatti packing. This initiative is taken in association with M/s Ranga Rao & Sons, Mysore. Inmates are paid wages accordingly as per the agreement made.
- Training is being imparted in a six day training workshop in manufacturing of candles in coordination with District Training Centre Ramanagaram.
- One day training programme organised at District Hq Sub Jail, Chickmaglur in manufacturing of candles for the inmates in association with District small scale industries and entrepreneurship Department.

DECORATIVE ITEMS BY WOMEN INMATES

Women inmates of Central prison Bangalore were trained in making candles, decorative candles, flower vases, embroidery and other decorative items.
THEATRE ART BY INMATES

Lonely life behind bars dissipates human creativity and enthusiasm for engaging oneself in creative activity. Such a scenario makes our efforts to reform the prisoners is more onerous and challenging. In order to overcome this and enthuse the prison inmates, it was thought that art and cultural activities could be utilized as an effective instrument to enhance their self esteem and thereby make the reformatory measures more effective and successful.

Inmates were trained in theatre arts and they are allowed to enact dramas in various prestigious stages of the state.

The excellence of the show was largely acclaimed by the public and press. Some of the press reviews are as under: -

"The legendary characters of the Shakespearian tragedy were enlivened here today by the prisoners of the Central Jail in Parappana Agrahara at the valedictory of the transformation camp in which they participated for the last 45 days. It was a touching moment for the prisoners as the viewers, who usually look down upon them, applauded every bit of their brilliant acting with sheer admiration..........."

- Deccan Herald,
English Daily

Dramas held during 2011-12:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>18-21-11-2011</td>
<td>Srujana Rangamandir, Dharwad</td>
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<tr>
<td>26 to 29-11-2011</td>
<td>Chindodi Leela Rangamandira, Belgaum</td>
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<tr>
<td>18-01-2012</td>
<td>Srujana Rangamandir, Dharwad</td>
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<tr>
<td>20-01-2012</td>
<td>Samudaya Bhavan, Manchikeri</td>
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<td>07th -10-03-2012</td>
<td>Ravindra Kalakshetra, Bangalore</td>
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<tr>
<td>08-04-2012</td>
<td>Tontadarya Math, Gadag</td>
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<tr>
<td>2nd to 05-07-2012</td>
<td>Town Hall, Mangalore</td>
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</tbody>
</table>
LAUNCHING OF PRISON PRODUCTS

Our measures towards rehabilitation of inmate and provide vocational training, Bakery units have been established in 6 central prisons and 4 district Prisons in order to train inmates in Bakery Industry. Ovens and other equipments procured under modernization of prisons budget.

The bakery products have been given brand name 'Parivartan Products' has been launched formally by Sri. K. V. Gagandeep, IPS., ADGP (Prisons) and these products sold to public at Vidhana Soudha, M. S. Building and Raj Bhavan too.

An outlet has been started at Police Head Quarters, Bangalore, recently inaugurated by Shri. Lalrokhuma Pachuau, DG & IG Police, Karnataka.

PRISON OUTLET AT GANDHINAGAR, Bengaluru

An outlet selling Prison Products of Central Prison Bangalore has been inaugurated on 29th of April 2013 by Shri. V. S. Raja, DIG of Prisons, HQ.

An outlet has been started at Central Prison, Mysore to showcasing the prison products and sell them to general public. This initiative taken by the guidance of Sri K.V. Gagandeep, IPS., ADGP (Prisons).
Bakery units have been established at various central prisons of the state. Bakery units are well equipped with modern equipments like flour and maida kneading machines, automatic electric ovens, bread slicers, warming unit for storage, plastic sealing machine, Refrigerator and freezer. Unit manufactures Breads, Buns, Biscuits, Dilpasand, Laddu, Mysore Pak, Khara Boondi, Khara Mixtures under brand name - 'Parivartha' products.

Computerised Garment section at Central Prison, Bangalore manufacturing shirts – ‘Karnataka Prison Product’

WHEELS FOR THE WORLD.
Wheel chair refurbishing unit at Central Prison, Bangalore: It is a joint venture between the Pro vision Asia and Prisons Department to refurbish the used wheel chairs at prison factory unit. The project is running since 2006, inmates have been trained to assemble and refurbish the second hand top of the line wheel chairs.

ADGP (Prisons) handing over 20 refurbished wheel chairs to Commissioner of Police, Hubli –Dharwad.